**Carers Panel Meeting Note Jan 16th 2025**

**Present:** D. Bartholemew, D. Binnie, K. Greig, K. Holak, P. Lanson, L. Sandie, A. Somerville

**Apologies:** P. Gordon, R. Grant, J. Howie, J. McCallister, M. Mitchell, C. Wightman

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| **Updates from last meeting*** ID Cards

Updated members that MB will explore potential costings associated with ID cards and discuss with Change Board and will feedback to panel when more info. Discussion around uptake being low with newly launched YC ID card. Agreed to keep item on the agenda and update accordingly.* East Linton Elf Campaign

Updated members that EL Elf campaign raised £3003 for CoEL and formed lots of new connections with businesses/ local organisations. CoEL will write to all organisations that hosted the Elf to introduce other ways that they may be able to support unpaid carers inc respitality, fundraising, charity of the year, TC Training, Carer Positive accreditation.Informed members that Elf’s assistant has kindly offered that CoEL work with the Elf again in 25. Panel all to think about ways in which we could work with the Elf to raise awareness and funds.  |
| * Terms of Reference Review

GTD to send draft version to members for comment. |
| **GP Practice Project Planning** * NHS Education for Scotland Unpaid Carers Programme

Shared resources and videos with panel members with a view to combining them with their approach to Practice Manager network. Consensus was that the resources would be more suited to an offer after the initial approach to practices.* GP Practice Network Meeting

Discussion around intended messaging for presentation to practices to include a variety of ways that practices can support unpaid carers and why it is of benefit to the practice. Agreed plan for members DB, KH AND PL to meet with Gemma on 30.1.25 to plan presentation and share this at Feb meeting with other members for comment. Gemma to email BR to ask for a slot at the practice manager network meeting later in the year. Panel felt timeline of around May would be suitable as CoEL may have clarity around local contract, as well as clarification of breaks funding. |
| **Panel Involvement in Carers Week 2025*** 9th – 15th June 2025
* Proposed budget
* Proposed programme

Informed members that we are starting to plan for CW now. Panel to think about local connections and low cost, far reaching, high impact activities for the week. On next meetings agenda. |
| **Proposed dates of future meetings**There were some issues with the meeting schedule I proposed. Here is a new list of dates for panel meetings for 25/26. Where there is a slightly wider gap, this is to avoid school holidays and make the meetings accessible for parents. Any issues that I might have neglected to take into consideration, please let me know asap.**Thursday March 27th 2025** – *This meeting will be held at the slightly different time of 9:30 – 10:55 and will be in the Community Hall on the ground floor of ELCH. The technology is not as superior as upstairs in the hospital, so please try to attend in person if possible. I’ll still try to work out remote access but we are unlikely to have sound tracking tech.***Thursday May 8th 2025** – 10 – 11:30 Traprain Room **Thursday June 26th 2025** – 10 – 11:30 Traprain Room**Thursday August 14th 2025** – 10 – 11:30 Pefferburn Room**Thursday September 25th 2025** 10 – 11:30 Pefferburn Room**Thursday November 6th 2025** 10 – 11:30 Pefferburn Room**Thursday December 11th 2025** 10 – 11:30 Pefferburn Room**Thursday January 22nd 2026** 10 – 11:30 Pefferburn Room**Thursday March 5th 2026** 10 – 11:30 Pefferburn Room |
| **Fundraising**Raised the topic of fundraising with the panel to see if anyone is interested in supporting a fundraising working group as CoEL are exploring diversification in funding streams. Members KH and AS were keen to be involved. Shared details with Catherine Cain who will be in contact. |
| Next meeting date: 27.2.25 |